**Walking with God in Uncertainty**

**Purpose:**  
Uncertainty is a natural part of life, but as followers of Christ, we are called to trust in God’s wisdom and timing even when the path ahead seems unclear. Walking with God in uncertainty requires faith, patience, and surrender to His perfect plan. This worksheet is designed to help you explore your feelings during times of uncertainty, lean on God’s promises, and find peace in His presence. As **Proverbs 3:5-6** reminds us: *“Trust in the Lord with all your heart and lean not on your own understanding; in all your ways submit to Him, and He will make your paths straight.”* May this practice bring clarity and reassurance as you walk with Him.

**Identifying the Uncertainty:**

What situation in your life feels uncertain or unclear right now?

**Your Emotional Response:**

How has this uncertainty impacted your emotions, thoughts, and daily life? Be honest about your feelings—fear, doubt, hope, or anticipation.

**God’s Promises in Uncertainty:** Choose a Bible verse that reminds you of God’s faithfulness in uncertain times. Write it here:  
*“*\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_”\_  
(Book, Chapter:Verse)

How does this promise encourage you to trust God with your current situation?

**Surrendering Control:** Reflect on areas where you may be trying to control the outcome. How can you surrender these to God, trusting in His wisdom?

**A Prayer for Guidance and Peace:**

Write a prayer asking God to guide you and bring peace to your heart as you navigate this uncertain season.  
\_“Heavenly Father, I come to You in the midst of uncertainty. I feel \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_*, but I trust that You are in control. Please guide my steps, calm my heart, and remind me that Your plans are greater than my understanding. Thank You for walking with me every step of the way. Amen.”*

**Leaning into God’s Presence:**

What spiritual practices can help you stay connected to God during this time? Examples might include prayer, scripture reading, worship, or journaling.

**Reflection on God’s Past Faithfulness:**

Think of a time when God guided you through uncertainty before. How does remembering His past faithfulness strengthen your trust now?

**Personal Affirmation:**

Write an affirmation to remind yourself of God’s presence and sovereignty.  
\_“I trust God because \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_*.”*

May this exercise bring you comfort and remind you that even in the unknown, God is faithful, and His plans for you are good.