**Spiritual Goal Setting**

**Purpose:**  
Setting spiritual goals is an intentional way to grow closer to God, align your actions with His will, and nurture your faith. These goals provide direction and purpose, helping you cultivate a deeper relationship with Him while living out His calling in your life. As **Philippians 3:14** encourages us: *“I press on toward the goal to win the prize for which God has called me heavenward in Christ Jesus.”* This worksheet will help you reflect on your spiritual journey, identify meaningful goals, and create a plan to achieve them while trusting in God’s guidance.

**Reflection on Your Spiritual Life:**

Where are you currently in your spiritual journey? What aspects of your faith feel strong, and where do you feel called to grow?

**Defining Your Spiritual Goals:**

Write down three specific spiritual goals you want to focus on. Be clear and intentional, ensuring each goal reflects your desire to grow closer to God.

**Aligning Your Goals with God’s Will:**

How do these goals reflect God’s purpose for your life? Consider scripture or prayerful reflection that supports your direction.

**Scripture for Guidance:** Choose a verse that inspires or aligns with your spiritual goals. Write it here:  
*“*\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_”\_  
(Book, Chapter:Verse)

**Action Plan for Achieving Your Goals:** For each goal, write down the steps you’ll take to work toward it. Include specific actions, timelines, and any resources or support you’ll need.

* **Goal 1 Steps:** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
* **Goal 2 Steps:** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
* **Goal 3 Steps:** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Overcoming Obstacles:** What challenges might arise as you pursue these goals, and how will you address them? Reflect on how prayer, scripture, or support from others can help you stay on track.

**A Prayer for Your Goals:** Write a prayer asking God to guide and strengthen you as you pursue these spiritual goals.  
\_“Heavenly Father, thank You for placing these desires for growth in my heart. Please guide me as I work toward \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_*. Give me strength, patience, and wisdom to stay focused on Your will. Help me to honor You in my journey and to trust in Your perfect plan. Amen.”*

**Reflection and Accountability:** How will you track your progress and stay accountable to your goals? Consider journaling, sharing your goals with a trusted friend, or setting regular check-ins with yourself.

**Affirmation of Commitment:** Write a personal affirmation to remind yourself of the importance of your spiritual growth.  
\_“I am committed to growing in my faith because \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_*.”*

May this worksheet inspire you to pursue your spiritual goals with passion and perseverance, trusting that God will guide your steps every day.