**Faith-Based Purpose and Calling Worksheet: Aligning Your Life with God's Plan**

**Purpose:**  
This worksheet is designed to help you explore and clarify your life’s purpose through the lens of your Christian faith. Understanding your purpose is integral to living a life aligned with God’s calling, promoting mental clarity, fulfillment, and inner peace. As you engage with this worksheet, you will reflect on key aspects of your identity, values, and calling, and consider how to align them with God’s plan for your life. Trust that as you seek His guidance, He will direct your paths (Proverbs 3:5-6).

Your life has purpose in God's design, and this worksheet will guide you through the steps to discover how that purpose unfolds in everyday actions, relationships, and decisions. Reflecting on your values, skills, and passions in light of Scripture will help you live with intention, and walk confidently in the unique purpose God has given you.

**Step 1: Identifying Your Core Values**

**Instructions:**  
Begin by reflecting on the values that define who you are and how you live. These are the principles that guide your decisions, behavior, and goals. In a Christian context, your core values align with God's Word and His calling on your life.

**Questions for Reflection:**

* What are the key values that define who I am as a person? (e.g., love, integrity, service, humility, faith)
* How do these values reflect the teachings of Scripture? (Consider verses such as Matthew 22:37-39, Micah 6:8, 1 Corinthians 13:4-7)
* Are there areas in my life where my actions aren’t fully aligned with these values?

**Example Reflection:**  
"My core value is love, which calls me to serve others selflessly. In the Bible, Jesus teaches us to love one another as He has loved us (John 13:34). I feel that I haven’t been as consistent in showing love through my actions toward my neighbors, especially when I feel frustrated with them."

**Your Reflection:**

**Step 2: Discovering Your Spiritual Gifts**

**Instructions:**  
Reflect on your unique spiritual gifts and talents that God has given you to serve others. These gifts are not only for your benefit but also for the edification of the church and the community (1 Peter 4:10). Understanding how you can use your spiritual gifts will help clarify your purpose.

**Questions for Reflection:**

* What spiritual gifts do I believe God has blessed me with? (e.g., teaching, encouragement, leadership, mercy)
* How can I use these gifts to serve others in my church, family, or community?
* Are there areas where I’m not actively using my gifts, or where I’m being called to step out in faith?

**Example Reflection:**  
"I believe I’ve been given the gift of encouragement. I’m drawn to helping others see their potential and comforting them in hard times. I feel God is calling me to mentor young people in my church, yet I’ve been reluctant because I doubt my ability to be a good role model."

**Your Reflection:**

**Step 3: Assessing Your Life’s Mission**

**Instructions:**  
Your life’s mission is closely linked to your calling in Christ. Think of your mission as the unique way God has designed you to impact the world for His glory. Reflect on your current activities and how they align with your mission. Your mission may involve your work, relationships, ministry, or other aspects of life.

**Questions for Reflection:**

* What activities or causes am I most passionate about, and how do they align with God’s Word? (e.g., serving the poor, teaching, healing, family life)
* How can I align my daily actions with my mission, trusting that God is guiding me every step of the way? (Jeremiah 29:11)
* Are there ways I am currently living outside of my true mission? If so, how can I redirect my life toward God’s purpose?

**Example Reflection:**  
"I feel passionate about helping others overcome addiction, and I believe God has called me to use my experience to minister to those in need. However, I’ve been unsure of how to get started in this ministry. I trust that God will open the doors, and I’m committed to taking that first step."

**Your Reflection:**

**Step 4: Embracing God's Plan for Your Future**

**Instructions:**  
Often, our purpose is unfolded in stages. Embracing God’s plan involves trusting that He is sovereign and that His timing is perfect. In the Bible, we are called to trust God with our future (Matthew 6:34, Jeremiah 29:11), knowing that He is already working out His plan for our good.

**Questions for Reflection:**

* How do I feel about trusting God with my future and the unknowns in my life?
* Are there areas where I am trying to control my future instead of letting God lead?
* How can I release my fears and doubts to God, trusting that He will guide me in His perfect will?

**Example Reflection:**  
"I struggle with uncertainty about my career path. I tend to make decisions based on fear, rather than trusting that God has a plan for me. I’m working on trusting God with my future, believing that He will provide for me and guide my steps as I follow His lead."

**Your Reflection:**

**Step 5: Committing to Action**

**Instructions:**  
Purpose and calling are not just about reflection—they are about action. Once you’ve identified your core values, gifts, and mission, it’s time to take concrete steps to live out your purpose. The Bible encourages us to work with diligence, knowing that whatever we do, we do for the glory of God (Colossians 3:23-24).

**Questions for Reflection:**

* What is one specific action I can take today to live out my purpose and calling?
* How can I trust God to give me the courage to take that first step?
* What support or resources do I need to move forward with this action?

**Example Reflection:**  
"I’ve decided to start volunteering at my church’s addiction recovery program. I’ve been hesitant, but I know this is the direction God is leading me. I will trust Him to give me the strength and wisdom to serve others in this way."

**Your Reflection:**

**Step 6: Prayer and Surrender**

**Instructions:**  
As you reflect on your purpose and take steps to live it out, turn to prayer for guidance, strength, and surrender. Commit your desires and actions to God, trusting that He will lead you to fulfill His calling in your life. Remember that His plan for you is good, and He will equip you for every good work (Philippians 1:6).

**Prayer:**  
"Lord, I thank You for the purpose You have placed in my life. Help me to see clearly how my values, gifts, and passions align with Your will. I surrender my future to You and trust that You are guiding my steps. Give me the strength to act boldly in faith and the wisdom to follow Your plan. In Jesus’ name, Amen."

**Your Prayer:**

**Step 7: Reflection and Action Plan**

**Instructions:**  
Reflect on the insights you’ve gained from this worksheet. Write down the specific actions you are committing to take based on your purpose and calling. These actions should align with your Christian values and trust in God’s plan for your life.

**Action Plan:**

* **Action 1:**
* **Action 2:**
* **Action 3:**

**Conclusion:**  
Understanding your purpose in Christ is a lifelong journey. By reflecting on your values, gifts, and mission, and committing to action, you can align your life with God's plan. Trust that as you walk in His will, He will empower you to fulfill your purpose with confidence, peace, and joy. Remember, you are not alone on this journey—God is with you every step of the way.